**Lyme Bay Medical & Dental Practice**

**Teething**

**Questions:**

1. Age of child?
2. Have you noticed any teeth coming through?
3. Can you feel any teeth with your finger?
4. Is the child eating/taking in fluids?
5. Is the child sleeping at night?
6. Does the child have a fever?
7. Have you given the child pain relief?

**Advice:**

* Teething begins around six months and children can experience pain in the mouth during teething, which may effect their sleeping, and eating
* Ensure the child is adequately hydrated
* Liquid Paracetamol/Ibuprofen (sugar free), lidocaine topical gel can help relieve symptoms of pain relief and pyrexia
* Pureed food, cool liquids and teething aids can be helpful – advise patient to avoid pureed sweet foods e.g. fruit purees as can lead to decay.